

ALCHEMY 101 SEASON 5

SYLLABUS

OCT 2026 - FEB 2027

we open live under the october new moon. two weeks later, nigredo begins under the hunter's moon, and the recorded lessons arrive every two weeks after that. we come back together live twice more along the way.

before we begin the bonus library unlocks when you enroll: tarot and dream crash courses, guided meditations, material from previous seasons, and a whole bunch of other stuff. bring your questions to the first session.

LESSON 1: live webinar - what alchemy is and what it isn't **saturday october 10 or sunday october 11, 2026**

the new moon opening. we meet each other, walk through the discord together, meet the guides, find our buddies, and lay out the map of the next five months. we'll poll the group at the start of the season to settle which of the two days works for the most of us.

- reading: "the alchemical process of transformation," nigel hamilton
- reading: the emerald tablet, read and memorized, in my retranslation
- practice: build the morning meditation, five minutes before you touch your phone
- share: three places in the world around you where you see the tablet

LESSON 2: what is nigredo? (nigredo) **monday, october 26, 2026**

released under the hunter's moon. filmed in the basement, in the below. the descent starts here, with the fire turned on and the trigger log open.

- reading: the madman, gibran khalil gibran ("how i became a madman")
- reading: the allegory of the cave, plato
- practice: nigredo trigger writing in your buddy thread, raw data, no analysis
- optional: annihilation (alex garland, 2018), the first chapters of the red book audio

LESSON 3: madness within and without (nigredo)

monday, november 9, 2026

filmed in the midan under a full moon, on what it means to be mad in a world that demands normalcy.

- reading: "the spiritual problem of modern man," carl jung
- reading: "the transformation of silence into language and action," audre lorde
- practice: rewrite your triggers in the third person, name your mad self
- practice: mad or mystic, research a figure the world called dangerous
- optional: black swan (darren aronofsky, 2010)

LESSON 4: from ash to form (nigredo to albedo)

monday, november 23, 2026

the threshold between dissolution and discernment, filmed in the attic, in front of the library.

- reading: "the individuation guide," scott jeffrey
- reading: recitatif, toni morrison
- practice: partnership work, find the patterns in your buddy's darkness
- practice: the silence reflection, and the first morning tarot pull
- optional: persona (ingmar bergman, 1966)

LESSON 5: seeing with clear vision (albedo)

monday, december 7, 2026

filmed on the threshold between the house and the garden. discernment as a discipline.

- reading: "guide to the archetypes," scott jeffrey
 - reading: the maiden without hands, the brothers grimm
 - reading: the ones who walk away from omelas, ursula k. le guin
 - practice: the letter never sent, the dream log, the tarot practice deepened
 - optional: peter pan (animated)
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MIDCOURSE CHECK-IN: live webinar

sunday, december 13, 2026

five lessons down, five to go. we come back together to see how the descent has been treating everyone, take questions on the material so far, troubleshoot the buddy threads, and talk through what's ahead in citrinitas.

LESSON 6: the mirrors and the myth (albedo to citrinitas)

monday, december 21, 2026

the solstice lesson, filmed among the cedars, older than yhwh, older than baal. archetypes as energies that move through us. this one carries three weeks of homework, because the holidays are their own kind of archetypal fieldwork.

- reading: "beyond duality," the final chapter of the heroine's journey, maureen murdock
- reading: inanna's descent to the underworld
- reading: the epic of gilgamesh
- practice: archetype mapping begins, plus reclaiming sound and returned hands
- optional: orpheus (jean cocteau, 1950)

LESSON 7: the other within (citrinitas)

monday, january 11, 2027

filmed in wadi qannoubin, in the holy valley. projection, transference, and the anima.

- reading: genesis 1 to 50
- reading: exodus 1 to 40
- reading: deuteronomy 1 to 34
- practice: projection tracking as you read, every reaction logged
- practice: holiday archetypal analysis with your buddy
- practice: the animaus invocation, recorded in their voice
- optional: mulholland drive (david lynch, 2001), the handmaiden (park chan-wook, 2016)

LESSON 8: manipulated mirrors (citrinitas)

monday, january 25, 2027

back on eden mountain, looking out at the world instead of in. how projection is harvested by marketers, media, and empires.

- reading: "on truth and untruth in a nonmoral sense," friedrich nietzsche
- reading: "stranger in the village," james baldwin
- reading: eshu stories (yoruba), raven brings the light (haida), coyote steals fire (shoshone and bannock)
- practice: rewrite a scripture that triggered you as an alchemical narrative
- practice: real-time propaganda deconstruction on two live headlines
- optional: pee-wee's big adventure (tim burton, 1985), jojo rabbit (taika waititi, 2019)

LESSON 9: the trickster and the fool (citrinitas to rubedo)

monday, february 8, 2027

filmed on a threshold, in something that doesn't quite match. thinking past morality.

- reading: the book of job
- reading: surah al-kahf, 18:60 to 82, mooses and al-khidr
- reading: one gospel of your choosing, tracking every question jesus refuses to answer
- practice: the trickster lives next door, disrupt one room, gently
- practice: laugh in the mirror until it turns real

- optional: derrida, "the university without condition"; holy motors (leos carax, 2012); the square (ruben östlund, 2017); the last black man in san francisco (joe talbot, 2019)

LESSON 10: the end that isn't (rubedo)

monday, february 22, 2027

the last recorded lesson. the seal comes off the vessel, and the work turns outward.

- reading: the prophet, kahlil gibran
- reading: the tao te ching, lao tzu
- reading: "the history of red," linda hogan
- reading: "the lines that whisper us," bayo akomolafe
- practice: tarot in the wild, offerings to the unnoticed
- practice: archetype unleashed, your figure dropped into palestine, sudan, kashmir
- optional: the mirror (andrei tarkovsky, 1975), atlantics (mati diop, 2019), the watermelon woman (cheryl dunye, 1996)

SEND-OFF: live webinar

sunday, february 28, 2027

we close the recorded arc together. what changed, what broke, what's still open. this is also where we talk about march, and where those of you carrying on into the live portion say so.

what comes after march is where those who continue start over together, live, in real time. debate, tarot, surprising activities and alchemical exercises, meditation, discussion, every week until june.

every lesson also comes with a workbook and all resources are provided, every lesson has a corresponding channel on discord, nobody has to do this alone.